

**EAST CAROLINA UNIVERSITY
INFECTION CONTROL POLICY**

Pandemic Influenza Student Guidelines

Date Originated: 8/13/07

Dates Reviewed: 6/1/10

Date Approved: 9/4/07

Approved by:

Vice Chancellor for Health Science

Director Prospective Health

Chairman, Infection Control Committee

Infection Control Nurse

Director of Student Health

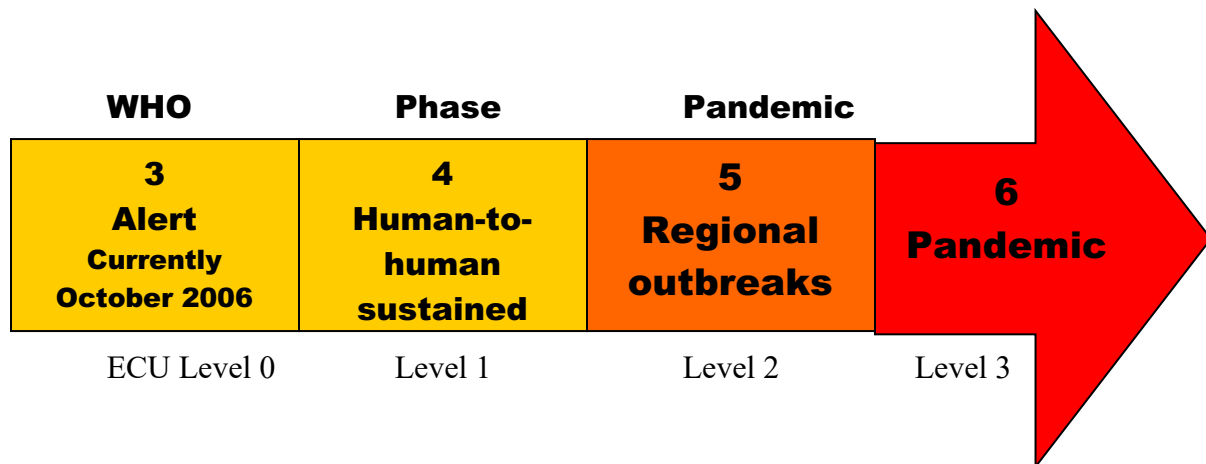
Disclaimer: This policy is a guide giving an example of what MAY be implemented in a pandemic. Specific details will vary with the nature of the pandemic. Updates will be distributed at the time a pandemic occurs giving the specifics of the ECU response and any modifications to ECU clinical operations. See 3/17/2010 Memo. (Re: specific approach to 2009/2010 H1N1 pandemic.)

Pandemic Influenza Student Return to Campus

Purpose: To ensure that students who are either symptomatic with influenza virus or incubating the flu virus do not return to campus and spread virus to ECU faculty, staff or students.

Scope:

A. All ECU students, full-time or part-time, returning from affected regions.



1. During an identified novel influenza epidemic with regional outbreaks, World Health Organization (*WHO*) Phase 5, (*ECU Level 2*) any student who has traveled to an affected region shall not return to campus until at least 1 week has passed since leaving the affected area. This will allow time to ensure that the student has not been infected with the pandemic virus. If the student has not developed symptoms by day 7, return to campus is permissible.
2. During a pandemic, *WHO Phase 6*, (*ECU Level 3*) students will be dismissed, academic operations will cease and the campus will be closed to all except ECU employees who have been identified as essential per the ECU Pandemic Flu Plan.
3. When the pandemic ends and classes resume, any student who is ill with fever, cough, sore throat or muscle aches should visit Student Health Service for evaluation.

Appendix P
Influenza Pandemic Fit for Duty Screen

Employee _____ Date _____

- | | | |
|--|------------------------------|-----------------------------|
| 1. Do you have a fever greater than 38°C? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 2. Do you have a cough or feel ill? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 3. Have you taken any medication for fever, cough or cold in the past 3 hours? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 4. Do you have a sore throat? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 5. Are you short of breath (worse than usual)? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 6. Have you had shakes or chills in the past 24 hours? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 7. Do you have diarrhea? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 8. Do you have muscle aches/ache all over? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |

If all “no”, student is cleared for duty.

If any “yes”, influenza is possible. Refer home for observation or refer to provider for evaluation. Return to work when symptoms resolve.

Screened by _____



**The Brody School of Medicine
Office of Prospective Health**

East Carolina University
188 Warren Life Science Building
Greenville, NC 27858-4354
252-744-2417 fax

Occupational
Medicine
Employee
Health

252-744-2070

Radiation Safety
252-744-2236

Infection Control
252-744-3202

Biological Safety
252-744-3437

Date:

Dear Doctor:

This person has been screened for influenza symptoms, fever and epidemiologic risk factors for flu and has been found to be at risk.

Please conduct a clinical evaluation to the extent indicated by their current condition.

If influenza is suspected after your evaluation, your local Infectious Disease consultant or local Health Department should be contacted, for current advice or virus testing via the NC state lab.

Please call us if you have any questions.

Respectfully yours,

Sharon Shipley, RN
ECU Infection Control Nurse
252-744-2070

For ECU Students ONLY

This ECU Student _____

- Is cleared to return to school and does not present an infectious risk.
 - _____ No evidence for current infection with influenza
 - _____ Other explanation found for fever/symptoms
 - _____ Other _____

- Influenza suspected, will continue medical testing.

Signature

Date



Office of the Provost and Senior Vice Chancellor for Academic and Student Affairs
East Carolina University
113 Spilman Building • Greenville, NC 27858-4353

MEMORANDUM

TO: ECU Faculty

FROM: Marilyn Sheerer
Provost

Virginia D. Hardy
Vice Provost

DATE: March 17, 2010

RE: H1N1 Self-reporting

The national outbreak of the H1N1 influenza virus, or the Swine Flu, during the fall 2009 semester impacted university campuses all over the state and throughout the country. H1N1 and influenza-like illnesses produced higher than normal class absences by students or cancelled classes by faculty. Another outbreak of H1N1 is expected to hit campuses in the coming weeks.

You may remember that the Center for Disease Control (CDC) made recommendations for 2009-2010 academic year. Some of those include:

- Do not require a doctor's note for students, faculty, or staff to confirm illness or recovery. Doctors' offices and student health facilities may be very busy and may not be able to provide such documentation in a timely way.
- Academic administrators should consider altering policies on missed classes and examinations, as well as late assignments so that students' academic concerns do not prevent them from staying home when ill or prompt them to return to class or take examinations while still symptomatic and potentially infectious.

East Carolina University has also been working on a responsive action plan to help maintain the integrity of education delivery while at the same time caring for the well-being of our students and faculty/staff. Academic Affairs and Student Affairs have collaborated with ITCS to develop a tool that will allow students to self-report having the flu or flu-like illnesses. This process has been vetted by the Academic Deans and Directors group as well as the Faculty Senate.

Here is a brief explanation of the self-reporting form. A student with the flu (or flu-like illnesses) will go to One Stop and click on the H1N1 Self-Reporting Form link. There is a legal disclaimer referring to the fact that this form is not a substitute for medical treatment or diagnosis. Additionally, the student agrees that he/she understands the Dean of Students Office is tracking student usage and any misuse or abuse of the self-reporting form will be a violation of the Student Code of Conduct.

The student must agree to the disclaimer and statement about abuse twice in the process and then clicks submit to complete the self-report. An email is generated through One Stop to all instructors on the student's class schedule that states that the student self-reports having the flu or flu-like illness. Although this communication is valid for 72 hours from the time of reporting, it does NOT supersede any academic or course guidelines and requirements.

One of the benefits of this tool is the capability to make it active or inactive as the situation presents. At

this point, H1N1 and influenza-like illnesses have not re-emerged in large numbers on ECU's campus or other UNC campuses. Therefore, ECU will activate this self-reporting form on One Stop, but won't market this to students unless a spike in incidents occurs.

If you have any questions about this process, please contact Jolene Jernigan at 737-2821.
